

DATE: July 01, 2019

AGENDA ITEM # 5



TO: Senior Commission

FROM: Bridget Matheson, Recreation & Community Services Interim-Manager
Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

Updates

Los Altos Hills:

Programs

Basic Manners for Community Dogs began a new session June 19th at Hillview Park.

Fitness for Seniors – June was held Mondays and Wednesdays in the Council Chambers.

Bridge II began June 12th and continues on Wednesdays at 1:30pm in the Council Chambers.

Recent/Upcoming Senior Programs:

Fitness for Seniors registration is open for July at losaltoshills.ca.gov/201/Parks-and-Recreation under online registration.

Free and open to all, **Monthly Recreation Walk** will be held Wednesday, July 3rd and meets at Town Hall.

Club 55 Friday, July 5th on the back patio at 169 State Street. Free Event.

Sound Healing & Gemstone Tea Party will be held Saturday, July 13th at iChakras – Zen Meditation Center beginning at 11:00 am. Free Event for Los Altos Hills Community. Tea must be purchased.

Stay Active, Stay Safe, Stay for Lunch

TOPIC: Fall Prevention - Thursday, August 15th from 10am – 12:30pm at Town Hall, 26379 Fremont Road. This is a free event with Lunch Provided. RSVP Required visit: losaltoshills.ca.gov/201/Parks-and-Recreation and open Stay Active, Stay Safe, Stay for Lunch.

New Senior Programming **Fall-Winter Activity Guide Proposals** for your consideration:

- Pathways Home Health and Hospice presentation on Advanced Care Planning, Assisted Living and end of Life Care (Free Workshop)
- Edward Jones presenting Focus on Fixed Income (Free Workshop)
- Sourcewise presentation on Medicare Enrollment and FAQs. (Free Workshop)

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Upcoming Events:

4th of July Parade will gather at Town Hall starting at 9:30 am. We will parade down Fremont Road and conclude at Gardner Bullis School where you can meet your friends and neighbors for a refreshing beverage and a juicy watermelon treat! Please, no fossil fueled vehicles or horses. For more information contact Sarah Robustelli 650-947-2518 or srobustelli@losaltoshills.ca.gov.

Come out and cheer on your team for the **Los Altos Hills vs. Los Altos Adult Softball Game** at Rosita Park on Saturday, August 17 from 1:00-3:00 pm.

City of Los Altos

Glorious 4th

The City of Los Altos Recreation and Community Services would like to invite you to the annual Glorious 4TH event that will be taking place on Thursday, July 04, 2019 at 10:00am. This event will be taking place at Shoup Park. There will be plenty of food, music, kid's games and more!

The City of Los Altos Summer Concert Series has been announced! The concerts will be rotating from Grant and Rosita Parks. The concerts will be taking place on Thursdays from 6:30pm to 8:00pm. The Peninsula Symphony is the only concert taking place on a Saturday. Visit the Cities website for more information!

July 11th

California Cowboys (Country)

Grant Park

July 18th

Dirty Cello (Blues/Bluegrass)

Rosita Park

July 25th

Megatones (Rock/Blues/Pop/Motown)

Grant Park

August 1st

Petty Theft (Tom Petty Tribute Band)

Rosita Park

August 8th

Lucinda Belle (British Jazz Sensation)

Grant Park

Learn more about our Summer Concert Series at:

<https://www.losaltosca.gov/recreation/page/summer-concert-series-14>